

Department of Public Health and Human Services
Quality Assurance Division - Licensure Bureau
Child Care Licensing

Day Care Facility
SAMPLE - Menu Form

		DAY / DATE	Monday /	Tuesday /	Wednesday /	Thursday /	Friday /
BREAKFAST	Fluid Milk		MILK	MILK	MILK	MILK	MILK
	Juice or Fruit or Vegetable		ORANGES	PINAPPLE / BANANA	TOMATO JUICE	APPLE SAUCE	GRAPES
	Bread or Cereal or Alternate		ENGLISH MUFFINS	APPLE SAUCE MUFFINS	CEREAL	CINNAMON TOAST	CEREAL
	Additional Foods (optional)		SAUSAGE				
LUNCH / SUPPER	Fluid Milk		MILK	MILK	MILK	MILK	MILK
	Main Dish		CHEESE PIZZA	MACARONI BEEF & CHEESE	HAM & CHEESE SAND	CHICKEN SPAGETTI	HAMBURGER / ROLL
	Meat or Alternative		CHEESE PIZZA / COTTAGE CHEESE	MACARONI & BEEF	HAM & CHEESE SAND	CHICKEN SPAGETTI	HAMBURGER / ROLL
	Juice or Fruit or Vegetable		GREEN SALAD PINAPPLE	FRUIT COCKTAIL	RAW VEGITABLES	FRUIT COCKTAIL PEAS AND CARROTS	CARROT / RAISIN SALAD
	Bread or Alternate		PIZZA	MACARONI & BEEF	HAM & CHEESE SAND	CHICKEN SPAGETTI	HAMBURGER / ROLL
SNACK	Fluid Milk		MILK	JUICE	MILK	APPLE JUICE	JUICE
	Meat or Alternate						
	Juice or Fruit or Vegetable						
	Bread or Cereal or Alternate		GRAHAM CRACKERS	BREADSTICKS	PUMPKIN COOKIES	BRAN MUFFINS	ANIMAL CRACKERS YOGURT